



Dear Friends of Tyburn,



This enchanting picture of three Mysteries of our Faith, namely the Holy Eucharist, The Sacred Heart, and the Child Jesus, leads us on to some reflective and beautiful thoughts taken from the Saints that we would like to share with you.

Saint Cyril of Alexandria said that just as if someone were to twist two pieces of wax together and melt them with a fire, so that the two are made one, so too through participation in the Body of Christ and in His precious Blood, He is united to us and we to Him. In no other way can our corruptible nature be made alive except by being united bodily to the Body of Him who is, by His very nature, Life: that is, the Only-Begotten. Saint Ignatius of Antioch said, "Have a steadfast faith in Jesus Christ and love Him. That is the beginning and end of life: faith the beginning and love the end. When the two are united you have God. Everything else that has to do with real goodness is dependent on faith and love". Saint John Eudes reminds us that the accomplishment of the divine will is the sole end for which we are in the world, and Saint Francis de Sales asks us "When did God's love for you begin? When He began to be God. When did He begin to be God? Never, for He has always been without beginning and without end, and so He has always loved you from eternity.

Godhead here in hiding whom I do adore masked by these bare shadows, shape and nothing more; See, Lord, at Thy service low here lies a heart Lost, all lost in wonder at the God Thou art! *Saint Thomas Aquinas*

### *Thank you for Keeping the Nuns Warm!*



One of our older Mothers happily standing beside the new heater in her cell.

We have, thanks to your overwhelming generosity and support, finished fundraising for the heating and hot water renewal!! We wish to THANK YOU so much for your kindness and generosity towards us. On the 4<sup>th</sup> of April, we completed the fundraising for our heating and hot water systems with a final donation. It has been very moving and overwhelming to see such love and generosity from so many people and it has taken only one and a half years from start to finish of the fundraising. Our trusty heating workmen have only one week left to finish off their work and the decorators are due to come after that to patch things up where needed. We all wish to thank you by continuing to pray for you, your families and your intentions which you have confided to us, and for ALL your intentions which are known to God.



2 new boilers and a lot of pipework in our drying room

Previously, we had a number of very old water tanks dating from the 1950s and 1960s. There were about two to four of these on each floor and they used up an enormous amount of energy. Some water tanks were used only to heat 1 to 3 sinks. All of these were replaced with just one large water tank. In addition, we installed one of the newest technologies currently available for heating water – thermodynamic panels.

This ingenious system utilises any form of energy and converts it into heat. This includes sun, wind, rain, snow and even morning mist. One

raindrop will produce energy to heat our hot water. It is a small set of panels about the size of a fridge and sits quite unobtrusively on our outdoor walls. It heats all our hot water. We have already saved an enormous amount in electricity bills.

Jem Energy were the company who installed these thermodynamic panels. The director of the company, when he heard of our fundraising endeavour, very kindly and enthusiastically scheduled a golfing day to help raise funds for us. He also gave us a very good price for the panels.

We have been very pleased with HCR Heating Services' work in installing our new hot water and heating systems and we are also very grateful that they are kindly sponsoring our second prize of a £300 Amazon Gift Voucher for our raffle.



Thermodynamic panels

We have many more stories of extraordinary kindness, generosity and support to us and there are too many to speak about here. Thank you all for your wonderful help in keeping our Eucharistic mission going. Please be assured of our prayers for each and every one of you.

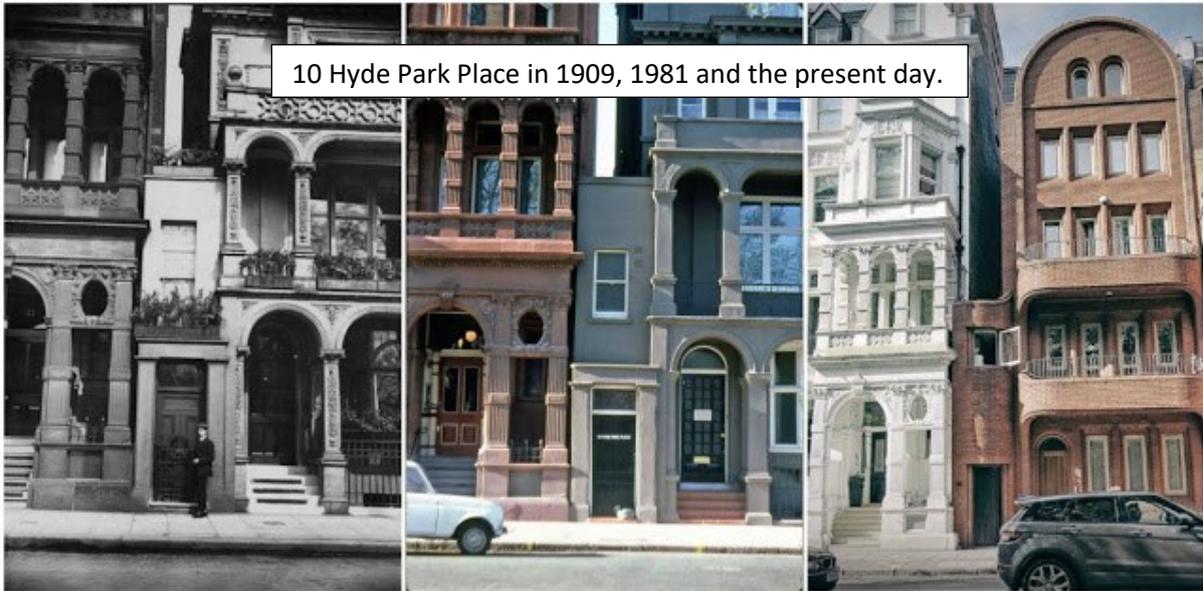


### *An example from God's Creatures*

We have a neighbourhood cat that frequents our garden and seems to like sleeping next to Our Lady. Watching the ginger, furry feline confidently basking in the sun under the protection of Mary reminds us of how we should always go to our Heavenly Mother and no matter what is going on in our lives, ask for her protection and with confidence rest assured!

## *By the way . . .*

As a matter of historical interest, did you know that part of our address, 10 Hyde Park Place, is London's Smallest House! The ground floor consists of nothing more than an alleyway behind the front door and the first floor just a tiny bathroom and kitchen. Squeezed between two other buildings this house is about one meter wide. It was



apparently built in 1805 and was damaged by a bomb in 1941. One theory for its existence is that it blocked a public right of way to serve as a watch house overlooking the old St George's graveyard - extremely popular with body snatchers in the 18th century! Photos over 100 years old show various people posing outside the smallest house in London!

## *Tree Works*

Recently a very kind friend and benefactor of ours pruned our large oak tree. If you look carefully at the photo you can see him perched in the tree. While he threw down the branches, one of the Nuns popped them through the mulcher . . . all in a day's work!

## *Raffle Books*

**So many of you have been requesting us to send more tickets, that this year we are sending out 2 books each!**



## *Tyburn Annual Fayre*

Our annual fayre will be held as usual on the last Saturday of October which this year falls on the 26th.

## *Vigilants Retreat*

After the Tyburn Association of Adoration (Vigilants) annual retreat which was preached by Rev Father Fr Jonathan Stogdon, Mother General was speaking with several of the vigilants about the need for more vocations. One of the vigilants asked why Mother General had not asked them to pray for vocations. Mother General said, "What a good idea. Would you please pray for twenty vocations, no actually could you pray for thirty vocations, no actually could you make that fifty vocations." The vigilant held up her hands and said, "Stop! How about we just pray for the twenty vocations first and then pray for more after that?" The next day, Mother General received two vocation enquiries. Please join our vigilants in praying for more vocations.

## *Retreat House Renovation and Refurbishment*

One of our benefactors kindly asked what our next fundraising project will be. Well, as you might be able to imagine, the maintenance and running costs of such a large building never ends!



Lino on the steps being held together by tape!!



Our cracked-up lino

We have had to put off for a very long time, for one reason or another, the renovation and refurbishment of our Retreat House. But now it has come to a stage where we can no longer delay.

Many of you would be familiar with our old and faithful grey linoleum which has donned our floor for the last fifty years. It has served us faithfully, it has run the good race but now we must lay it to rest. For some unknown reason, in the middle of the guest kitchen, the lino has become like an ocean wave, has risen off the floor and has parted and rent. It



Sister's fingers going through the wavy lino!



**One without Sister's fingers!**

reminds some of us of the first line of one of our hymns in our Tyburn hymnal: "The waves of the Red Sea were parted, rent". The photos show examples of the pressing need.

The linoleum has also worn away on the stairs and is currently taped up to prevent people from tripping. We have had to close the women's toilet because it was leaking and needs to be changed. We also plan to install an extra shower and toilet upstairs which is very good news for retreatants! An easy access bathroom is planned for the ground floor and the existing bathrooms need to be refurbished. The best news though, is that we plan to install a lift for retreatants which will mean no more climbing the narrow winding stairs with bags and suitcases!! That is wonderful news for older retreatants who find the stairs too difficult to manage. Last but not least we are going to revamp our shop, giving it more room and a new entrance. It all sounds very good doesn't it? Any amount of support and help you can give is always greatly appreciated whether it be financially, by your prayers, or with your support by spreading the word.

## *Holy Mass*

As usual Holy Mass will be offered for all our friends and benefactors, living and deceased on the Solemnity of the Sacred Heart.

We keep you and all your intentions in prayer before Our Lord in the Blessed Sacrament exposed and pray you receive many graces and blessings.

*The Tyburn Nuns*