



TYBURN TALK

SACRED HEART 2022

TYBURN CONVENT, 8 HYDE PARK PLACE, LONDON W2 2LJ ENGLAND 020 7723 7262

www.tyburnconvent.org.uk

prioress.tyburn@btinternet.com



Dear Friends of Tyburn,

St. John Eudes was among the many promoters of devotion to the Sacred Heart over the centuries. He was a 17th-century priest in France who was deeply impacted by St. Francis de Sales. Here is one of St. John Eudes' prayers that he used to help promote devotion to the Sacred Heart.

O Heart all loveable and all loving of my Saviour, be the Heart of my heart, the Soul of my soul, the Spirit of my spirit, the Life of my life and the sole principle of all my thoughts, words and actions, of all the faculties of my soul and of all my senses, both interior and exterior. Amen.

Most worthy and great in the Church Militant is the holy Sacraments-the Sacrament of Baptism by which we are made children of God; Confirmation, which gives us the Holy Spirit; Penance, which washes away our sins and restores us to God's favour; the Blessed Eucharist, which feeds our souls with the Flesh and Blood of the Son of God, making us live by His life; Matrimony, which forms children for God, to serve and honour Him on earth and to love and praise Him forever in heaven; Holy Orders, which gives to the Church priests who shall continue the functions of the great High Priest and thus cooperate with Him in the great work of the salvation of the world, and Extreme Unction, which at our departure from this world fortifies us against the enemies of our salvation, who at that last hour make their final endeavor to ruin us. The seven Sacraments are so many inexhaustible fountains of grace and holiness, which have their source in the immense ocean of the Sacred Heart of our Saviour; they are so many

flames of a divine furnace from which proceed all spiritual blessings. But the brightest of those flames is the most Holy Eucharist. It is true that this great Sacrament is a compendium of all the wonders of the power, wisdom and goodness of God, but it is also true that it is one of the fruits of the incomparable Heart of Jesus and one of the flames of that wondrous furnace. (*Excerpts from St John Eudes: Chapter 5*)

Jesus waits for us in the Blessed Sacrament. He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate - His Divine Majesty - in the Blessed Sacrament. St. Alphonsus Liguori wrote: "Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the Sacraments, the one dearest to God and the one most helpful to us". The Eucharist is a priceless treasure: By not only celebrating the Eucharist, but also by praying before It outside of Mass, we are enabled to make contact with the very wellsprings of Grace.

Here at Tyburn Convent we have Perpetual Adoration. We have our doors open to the public from 6.30 am until 8.30 pm. Holy Mass each weekday is 7.30 am and on Saturdays and Sundays it is 9 am.

Commemoration of the Tyburn Martyrs



On the 4th of May, we had our annual commemoration of the Tyburn Martyrs which was very well attended. The Ceremony began with the Divine Office of None and finished with Benediction of the Blessed Sacrament. It included a

reading from The Passion of the Carthusian Martyrs from the account of Dom Maurice Chauncey which was begun in the Chapel and finished in the Crypt of the Martyrs. There was the Litany of the Carthusian Martyrs with the ceremony of the Roses, a Prayer for England and some hymns. Afterwards, those attending had the opportunity to visit the tomb of our holy Mother Foundress, The Servant of God Mother Marie Adele Garnier and the shrine of St Joseph.

Holy Saturday Cleaning



Holy Saturday was spring cleaning day in the Chapel as we awaited the Resurrection of Our Lord from the tomb. A number of kind friends turned up and could be seen busy as bees cleaning everything in the Chapel from top to bottom. Some climbed ladders while others were literally on hands and knees polishing the marble floor. One friend climbed a tall ladder to polish the large wooden crucifix, others cleaned the windows from the



outside. By the afternoon Divine Office of None everything was sparkling and squeaky clean! Well done team and a big thank you! The Easter Vigil begun at 9pm with the lighting of the Easter fire in the garden and sisters and laity processed back to the Chapel with lighted candles from the flame of the Pascal Candle. All the lights were turned back on in the Chapel after the Exultant showing the place resplendent with flowers and candles, Deo Gracias!

Divine Mercy

On Divine Mercy Sunday, the Divine Mercy image and a relic of St Faustina were displayed in our Sanctuary. Confessions were available. The Chaplet of Divine Mercy was recited together after which there was the opportunity to venerate the image of the Divine Mercy. The Divine Office of None was sung and the ceremony concluded with Ben

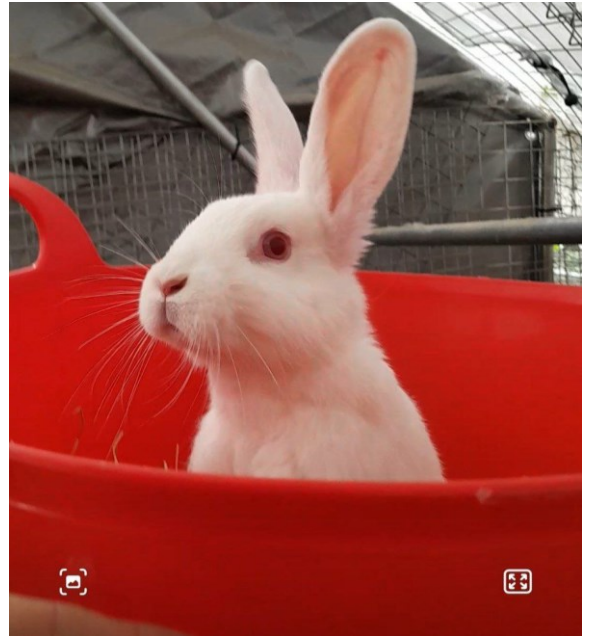


Tyburn Animals



As many of you already know the "Tyburn Zoo" is booming, with quails and rabbits being added to our collection of chickens. We began with three New Zealand White rabbits - aptly named Abraham, Sarah and Rachel, as they went on to have many children!

There are also two Giant Whites, one earning the name of Goliath. Goliath came to us from a domesticated background and appears to have picked up some dog and cat-like habits along the way – he prefers human attention and pats over food and doesn't mind the odd splash of water, while also happy to sit on a knee for petting. Three nursing bunnies currently have a sum of 23 babies who are doing well and look very cute!

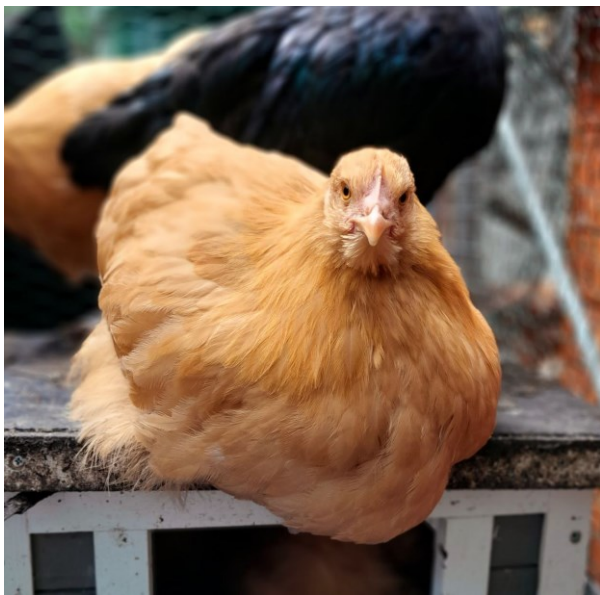


The rabbits are sold on for pets and the chickens and quails are obligingly supplying us with eggs. The rabbits and chickens are also helpful for the disposal of vegetable scraps and in turn providing us with fertilizer for the garden – recycling at its best!





Surrounding the animals are beds of vegetables, berries and flowers. Summer is a great time in the garden and the plants include potatoes, tomatoes, garlic, courgettes, pak choi, cucumbers, squash, watercress, raspberries, apples and more. They are beautiful in the garden and delicious on the plate!



The watercress is being grown around a pond that contains some koi carp fish. Aquaponics is the technical name given to this type of growing as the water is being pumped from the fish pond through the watercress and back into the pond. We were planning on having "fish 'n' chips" one day but unfortunately this fish have not grown much because the pond is too small



Guardian Angels

THE ANGELS GUIDE THE STARS, THE MOON, THE SUN AND THE PLANETS

St. Thomas, incidentally, gives us another proof of the angelic strength. He teaches that each great star, planet, sun, and every heavenly body, even the greatest, has each a Guardian Angel who keeps it in its course and prevents any possible aberration. What prodigious energy and power does not such control demand! It is true that all the stars and heavenly bodies, by the natural direction given them by God, pursue their several courses, but these great worlds are material and therefore, as the Angelic Doctor

points out, are liable to decay and deterioration. To prevent, therefore, disorder and confusion in the thousands of heavenly bodies which are whirling through space with inexpressible speed, God gives each one, in His all-wise Providence, an Angel to keep it in its course and avert the dire calamities that would result were it to stray from its allotted orbit. Few people think of all this when, on beautiful star-lit nights, they gaze on the Heavens and the myriads of stars. How fitting it would be to salute the countless Angels who guard these stars: "Oh glorious Angels of the stars, we love you, we thank you! Please bless us and shower on us your graces.

Prayer to Guardian Angel

O most holy angel of God,
appointed by God to be my guardian,
I give you thanks for all the benefits
which you have ever bestowed on me
in body and in soul.

I praise and glorify you
that you condescended to assist me
with such patient fidelity,
and to defend me against all the
assaults of my enemies.

Blessed be the hour in which
you were assigned me for my guardian,
my defender and my patron.

In acknowledgement and return
for all your loving ministries to me,
I offer you the infinitely precious
and noble heart of Jesus,
and firmly purpose to obey you
henceforward,
and most faithfully to serve my God.

Amen

(St Gertrude the Great)

THE ANGELS AND THE MARTYRS

We are justly surprised at seeing the marvellous constancy of the Martyrs in the midst of most cruel sufferings. Their bodies were torn with iron hooks or burned in slow fires; their bones were dislocated on the rack or broken with iron hammers.

Even young boys and gentle girls were subjected to every imaginable torture, which they bore with such patience and courage that the spectators and even their brutal executioners themselves were lost in amazement.

How was it possible, one may ask, for poor weak mortals, just like ourselves, to endure such fearful torments? We cannot keep our hands in boiling water for one moment, nor can we keep even the tip of our fingers in the flame of a little candle. How was it that the martyrs behaved with such heroic fortitude when their whole bodies were being racked with hooks, or torn with lashes or burned in slow fires? The explanation is that God sustained them and sent His Angels to help them. These blessed Spirits filled the Martyrs with superhuman strength, soothed their pains, and consoled them in their suffering, so that it became easy and even pleasant for them to bear the torments that their brutal enemies invented with such fiendish ingenuity.

What a lesson for us! Why do we not call with confidence on our dear Angels in our sufferings? They are only too eager to come to our assistance.

(All About The Angels -Fr. Paul O'Sullivan, OP)



A Martyr and an Angel

Tyburn Raffle

TYBURN CONVENT
Adorers of the Sacred Heart of Jesus
Grand Draw 2022

1st Prize: £500

2nd Prize: £300

3rd Prize: £200

4th Prize: £100

5th prize: £50

6th & 7th Prize: Hamper

Check our website for details: www.tyburnconvent.org.uk/raffletickets

Drawn on Saturday 29th October 2022 at 4pm in Tyburn Convent

Tickets £1 each - £5 per book of 5 (online £6 per book of 5)

This year we have some very good cash raffle prizes. We are very grateful for your support in purchasing tickets as all the proceeds go towards the never ending upkeep and maintenance of Tyburn Convent.

Thank You!

We are very grateful to all our friends and benefactors for all the support you have given to our Community and Congregation. Thank you for your prayers, sacrifices, volunteering time to help out in various ways, donations and even grass for the chickens and food for the rabbits!!

The Holy Sacrifice of the Mass will be offered as usual on the Solemnity of the Sacred Heart for all our friends and benefactors living and deceased.

The Tyburn Nuns



Please pass Tyburn Talk on to a friend!

**Donations for Tyburn Convent can be made by cash,
cheque (made payable to Tyburn Convent)
or through our website:**

<https://www.tyburnconvent.org.uk/conventdonations>